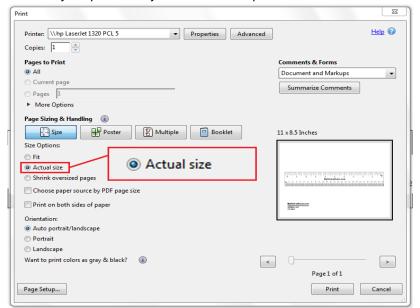
## **Printing Instruction**

1. Print this file on your computer and select ACTUAL SIZE or NO SCALING. This is a sample print dialog box but your printer may have different options.



2. Verify that your print is the correct size by placing a CREDIT CARD over this image. The sizes should be identical otherwise you may have resized your print. If so, please review point 1 above.



- 3. Cut out the Calibration Strip at the bottom of the page
- 4. Place Calibration Strip on your forehead using clear tape. Attach tape to the center of the strip not on the ends.
- Have a friend capture a photo or 'head shot' from about 6' away using the ZOOM control to focus on your head. Look straight ahead, both ears visible.
- 6. Save and UPLOAD the Measurement Photo to your account.

